



Disappointment is a part of life in this world.

You're not alone in your disappointment.

- Mark 3:5
- Mark 14:32-41
- Romans 9:1-3
- Jeremiah 20:7
- Psalm 44:23

Dealing with Disappointment:

- Own It
- Prayerfully develop reasonable expectations for:
 - ✓ Ourselves
 - ✓ Others (Colossians 3:12-14)
 - ✓ God

Whose world is it anyway?

How does God "feel"? (Genesis 6:1-5)

What can we learn from the journey of Jesus?

- Focus! John 4:34

Easter is coming!

Talk it over...with your friends, family, or Growth Group.

Talking through the ideas presented in Sunday's message helps us apply God's word to our individual lives. These questions are designed to help you put His words into action in your life this week.

- What are some circumstances where you have been disappointed by yourself or by others? How did you deal with those times?
- What are some circumstances where you have been disappointed by God? What have you learned about yourself or God as a result of those times?
- Do you tend to have higher expectations of others than you do for yourself? Are these reasonable?
- How do you generally handle those times you fail to meet your expectations or others fail to meet your expectations?
- What is "reasonable" and appropriate to expect from God during times of trouble? Does He always respond in the same manner to every circumstance?
- Would expectations "change" if God is the focus of one's life?
- What difference does Easter make when dealing with disappointment (or does it make a difference)?