



Rev. Mike King, Associate Pastor January 19, 2014
Ecclesiastes 6:7-12

Talk it over...with your friends, family,
or Growth Group.

Talking through the ideas presented in Sunday's message helps us apply God's word to our individual lives. These questions are designed to help you put His words into action in your life this week.

- What are some examples of people you know or know of whose appetites have negatively impacted their lives? How did their appetites impact the people around them?

- When in your life have you ever traded the ultimate for the immediate, the blessing for the bowl? Why did you make the trade and what were the results?

- We can do to a number of things to help us stay inside the guardrails of God's plan for our appetites. What steps can you take this week to add some of these to your life?
 - Friends who know you deeply and have permission to ask questions and speak truth into every area of your life (even the ones you'd prefer to hide).
 - Studying God's word regularly for yourself so that you can know what His plan for your appetites are and how that plan differs from messages you hear in the world.
 - Keeping a long-term perspective on things. As an exercise, take some time to get a piece of paper and on the top write "Five years from now I want to..." and list out what you'd like to do, who you'd like to be, and what you want your future to be. Look at it daily to help remind you of your goals as you make choices.
 - When making decisions concerning your goals, ask God to help you answer this question: "In light of what God has for me, is this a wise choice?" If the answer is no, ask for His power to NOT do it.

- How did you encounter God today? Why do you think you were here? What do you need to do with what you experienced or heard?