

Choose

Mark 3

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Week 1: The Core Choice (Mark 1)

Week 2: Which “problem” will you choose? (Mark 2)

Jesus Collides With Religion

Religion: an institutionalized system of attitudes, beliefs, traditions, and practices designed to bring one closer to God.

Unspoken notion: if I obey or perform well then I’ll be _____ by God.

The Sabbath (background)

“Remember the Sabbath day by keeping it holy. Six days you shall labor and do all your work, but the seventh day is a Sabbath to the LORD your God. On it you shall not do any work (or your family). For in six days the LORD made the heavens and the earth, the sea, and all that is in them, but He rested on the seventh day. Therefore the LORD blessed the Sabbath day and made it holy.”

Exodus 20:8-11

“I am the LORD your God, who brought you out of Egypt, out of the land of slavery.” Exodus 20:2

Losing Perspective

Instead of a response to and reflection on God’s goodness, the Sabbath had become a burden in which one’s spirituality was measured by _____.

Keeping the Sabbath was a good thing, but when any good thing other than God becomes the _____ thing, it becomes a _____ thing.

Mark 2:23-27 (page 1555)

- Jesus is not simply reforming the religious system. He is _____ it with _____.
- “It is finished.”
- The Old: If I perform, I’m _____ and loved.
- The New: I’m accepted and loved by Jesus, _____, I perform.

Mark 3:1-5

- “Religion” at its worst

“Choices”

- Mark 3:6
- Mark 3:13-19
- Mark 3:20-21
- Mark 3:22

Choose

- Level 1: What is my Sabbath?
- Level 2: Religion or Relationship?

Talk it over...with your friends, family, or Growth Group.

Talking through the ideas presented in Sunday's message helps us apply God's word to our individual lives. These questions are designed to help you put His words into action in your life this week.

Reread Mark, Chapter 3:

- What are some of the things you "like" about the passage?
- What are some of the things that are troubling to you in this passage?
- What do you think God might be saying to you as you look over this passage?
- What is one choice you can make and implement which will make your Sabbath experience more like God intended it to be?
- After reading verses 13-19, what would you conclude was the main "job" the apostles had?
- In these same verses can you find an example of how Jesus brought people with radically different perspectives together (rather allying against Him, they came together around Him)?
- What was Jesus' family's reaction to Him? What do you think your reaction might have been if he had been a member of your family?
- How did the religious leaders' describe Him? How did Jesus refute these arguments?
- What is Jesus saying in verses 31-34? Do you think He is being disrespectful to his family?
- What is your main "take-away" from this week? How do you plan to live that out?
- Review the scripture presented in this week's sermon and think about what God might be teaching you. (Note: these might be different than what was presented in the sermon.)

Next step: Here is something you can do this week to dig deeper:

This week read Mark 4 each day. It'll take less than ten minutes each day. Next week's sermon will be focused on that chapter, so

reading through the chapter this week can help you get more out of the sermon.

A large, dark, textured graphic with the word "choose." written in white lowercase letters. The background is a dark, mottled grey with a subtle, repeating pattern of small, light-colored shapes. The word "choose." is centered in the lower half of the image, with a period at the end. The overall aesthetic is minimalist and contemplative.