

Christian Atheist  
September 18, 2011  
Rev. Mike King, Associate Pastor

A Christian Atheist is someone who believes in God *but* lives as if He doesn't exist. (Titus 1.16)

If you \_\_\_\_\_ all the time but believe in God you are a Christian Atheist. (Proverbs 3.5, Matthew 6.25-34)

**A foundational truth:**

- Worry is really about \_\_\_\_\_, and we don't control our lives as much as \_\_\_\_\_.
- We have to identify which worries we can \_\_\_\_\_ and which ones we can't, and then we need to approach them \_\_\_\_\_.

What do you do with the things that worry you that you can do something about?

- Take \_\_\_\_\_ to address them head on. (Proverbs 6.6-8)
- The Bible gives us practical guidance on how to address our worries \_\_\_\_\_.

What do you do with the things that worry you that you can't control?

- Through prayer you \_\_\_\_\_ to God. (Philippians 4.6)

What is the result of doing that?

- God's peace guards our \_\_\_\_\_. (Philippians 4.7)

One last thought:

- Once we stop worrying, we have to focus our thoughts on \_\_\_\_\_. (Philippians 4.8, Psalm 121)

Worries I can do something about:

---

---

---

---

---

---

---

---

---

---

Worries I need to give over to God:

---

---

---

---

---

---

---

---

---

---

- Scripture is full of practical examples and advice on what it looks like to live wisely in this world. What parts of Scripture are helpful to you in knowing how to address some of your worries head on? Where could you go to find out more about the insight Scripture could give you in this area?
- Why do you think that God had you here today? What do you feel like you need to take away from this service and begin to apply to your life today?
- As an exercise this week, try addressing your worries with the Serenity prayer, a tool that many folks in recovery ministry have found to be helpful. The prayer says: “God, grant me the *serenity* to accept the things I cannot change, courage to change the things I can, and the wisdom to know the difference.” Allow God to help this become a reality in your life this week as you address your worries.

Give all your worries and cares to  
God, for He cares about you.

(1 Peter 5.7, NLT)

# CHRISTIAN ATHEIST



SERMON NOTES & STUDY GUIDE