

Talk it over...with your friends, family, or Growth Group.

Talking through the ideas presented in Sunday's message helps us apply God's word to our individual lives. These questions are designed to help you put His words into action in your life this week.

- Think back to a time when you tried to make a positive change in your life. Did it work? What practical steps did you take to help you make that change?
- What do you believe are some things that hinder you from "becoming more like the person God intends you to be"?
- What idea do you need to take away from today's sermon and apply to your life? What practical steps could you take to help you apply God's truth in the midst of your daily life?

Some next steps: Here are some things you can do this week to dig deeper:

- For the rest of January we'll be talking about how to become a New You during this New Year. To help you get the most out of this series, spend some time this week thinking about how you want to change and grow in 2011. Make a list of specific changes you'd like to see in different areas of your life, and then begin to pray that the sermon series will help show you ways to make that change happen.
- When it comes to growing and making changes in our spiritual lives the most important thing to remember is that real change is possible because of what God has done for us. Find five minutes each day to look back over your notes from this sermon and remind yourself of this important truth, prayerfully asking God to show you how to put it into practice in your daily life.

New YEAR —NEW— YOU

SERMON NOTES & STUDY GUIDE